INNER LIGHT
STUDIO

Childcare Information & Release Form

Parent & Child Information:

Child #1 Name: _____ DOB: ____ /____ / ____
Allergies? _____

Child #2 Name: _____ DOB: ____ /____ / ____
Allergies? _____

Child #3 Name: _____ DOB: ____ /____ / ____
Allergies? _____

Mother's Name: _____Phone: (___)_____

Father's Name: _____Phone: (___)_____

Emergency / Medical Information:
Emergency Contact: _____Emergency Phone:
(___)_____
Physician Name: _____ Phone: (___)_____

Little Lotus Policies & Procedures:

• Please bring your child directly to the child care room before starting your workout.
• Reservations are required for childcare services
• We limit our childcare to five children to ensure each child gets individual attention and care
• The maximum time a child may stay in the child care room is one hour and a half.
• Children are not allowed in the workout area before, after or during class.
• Children will be released ONLY to the person who dropped them off.
• Please bring your child freshly diapered. Diapers will NOT be changed by the childcare staff.
• If your child does need his/her diaper changed, then the childcare staff will ask you to leave the class to change your child. We have a changing table available.
• For the well-being of the other children and staff, please refrain from bringing a sick child into the childcare area.

• Please label all of your child's belongings with his/her name.
• Disruptive or inappropriate behavior will not be accepted. In these circumstances, parents will be notified immediately.
• Medications will not be administered by the child care staff.

I hereby release and agree to indemnify, defend, and hold harmless the Inner Light Studio, its representatives, agents, and directors from all claims or liability for damages and/or injuries incurred by my children in connection with child care provided at Inner Light Studio. I further acknowledge I have reviewed and evaluated the risks and determined to use the child care provided by the Center with full knowledge and acceptance of the risks. I understand that Inner Light Studio does not provide insurance coverage for accidents or injury sustained by my children. I agree that use of child care provided at the Center and participation in activities or events at the Amenities shall be undertaken by me or my children at our sole risk, and Inner Light Studio shall not be liable for any injuries or any damage to me, or my children, or be subject to any claim, demand, injury or damages whatsoever, irrespective of cause or origin. Inner Light Studio shall not be responsible or liable for articles damaged, lost, or stolen, in or about the studio, or for loss or damages to any property including but not limited to automobiles and the contents thereof.

I understand that the child care services are provided only while I am present in the building and taking class. I understand that if my child becomes inconsolable during the class session, I am responsible to leave class and attend to my child. I understand that children are not allowed in the workout area at any time. I have read and understood the foregoing assumption of risk, and
release of liability, and I understand that by signing below, I also agree to indemnify Inner Light Studio for any liability for injury or death of any person and damage to property caused by my child/children.

I UNDERSTAND THAT BY SIGNING THIS FORM I AM WAIVING VALUABLE LEGAL RIGHTS.
Parent's Name:_____
Parent's Signature: _____
Date: _____ /_____ / _____